



A BRIEF HISTORY

The Monk's Lounge was established in 1795. It was known then as The Herbert Arms, owned by the Herbert family later of Muckross House, The Herbert Arms acted as an Inn with accommodation for travellers venturing to Muckross or onwards over the Old Kenmare Road.

According to the 1901 & 1911 National Census the building was made up of between four and six bedrooms with a public bar underneath. The Monk's Lounge name originates from the Franciscan Friars who occupied the nearby Muckross Abbey, which was founded in the 6th century by St. Fonan, from 1448 onwards until it was conquered by the Cromwellian forces in 1652.

Allergen List

1-Gluten | 2-Crustaceans | 3-Eggs | 4-Fish | 5-Peanuts | 6-Soyabeans | 7-Dairy | 8-Nuts | 9-Celery | 10-Mustard
11-Sesame Seeds | 12-Sulphites | 13-Lupins | 14-Molluscs
(V) Vegan (Vg) Vegetarian



MONKS LOUNGE
at Muckross Park Hotel

• STARTERS •

SEASONAL SOUP OF THE DAY €9

Served with Homemade Guinness Brown Bread

Contains Allergens: 1 (Barley, Wheat), 3, 7, 9, 10, 12

WILD ATLANTIC SEAFOOD CHOWDER €14

Creamy Soup of Fish, Prawns & Mussels,

Served with Homemade Guinness Brown Bread

Contains Allergens: 1(Wheat, Barley), 2, 3, 4, 7, 9, 10, 12, 14

CLASSIC CAESAR SALAD €15

Baby Gem Lettuce, Aged Parmesan Cheese, Sourdough Croutons,

Crispy Bacon, Roast Garlic Anchovy Dressing

Contains Allergens: 1(Wheat), 3, 4, 7, 10, 12

ADD CHICKEN €5

TOMATO & BUFFALO MOZZARELLA SALAD €15

Watercress, Basil, Kalamata Olive Tapenade, White Balsamic Dressing

Contains Allergens: 1(Wheat), 7, 12

SWEET CHILI PRAWN SALAD €15

Grilled Tiger Prawns, Vermicelli Noodles, Mange Tout, Orange Segments,

Mixed Leaves, Cashews, Sweet Chili Sauce

Contains Allergens: 1(Wheat), 2, 6, 8(Cashews), 11, 12, 14

Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic, please inform our staff of any allergies.

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• **SANDWICHES €18** •

Served with a Mixed Leaf Salad & Chips

Available Until 17:30

POACHED SALMON

Lemon Mayonnaise, Scallions, Watercress,
Homemade Guinness Brown Bread

Contains Allergens: 1(Wheat, Barley), 3, 4, 7, 10, 12

TOMATO & BUFFALO MOZZARELLA FOCACCIA

Basil Purée, Sundried Tomatoes, Kalamata Olive Tapenade, Baby Spinach,
Olive & Sundried Tomato Focaccia

Contains Allergens: 1(Wheat), 7, 12

GRILLED CHICKEN CIABATTA

Grilled Chicken Fillet, Cashew Basil Mayonnaise, Baby Gem Lettuce, Crispy Bacon

Contains Allergens: 1(Wheat), 3, 8(Cashews), 10, 12

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• **MAINS** •

CHICKPEA & BEAN BURGER €24

Baby Gem Lettuce, Tomato, Red Onion,
Vegan Curry Mayonnaise, Vegan Beetroot Bun, Chips

Contains Allergens: 1(Wheat), 6, 10, 11, 12

BEVERAGE PAIRING:

CRONIN'S CIDER €7.50 Contains Allergens: 12(Sulphites)

T. CRONIN IRISH BEEF BURGER €24

Cheddar Cheese, Streaky Bacon, Baby Gem Lettuce, Tomato, Red Onion,
Red Chili Mayonnaise, Brioche, Chips

Contains Allergens: 1(Wheat), 3, 6, 7, 10, 12

BEVERAGE PAIRING:

KILLARNEY LAGER €7.50 Contains Allergens: 1(Wheat, Barley)

SOUTHERN FRIED CHICKEN BURGER €24

Coleslaw, Baby Gem Lettuce, Tomato, Red Onion,
Hot Sauce, Brioche Bun, Chips

Contains Allergens: 1(Wheat), 3, 6, 7, 9, 10, 12

BEVERAGE PAIRING:

KILLARNEY LAGER €7.50 Contains Allergens: 1(Wheat, Barley)

WILD MUSHROOM PENNE €24

Sautéed Mushrooms, Baby Spinach, Parmesan Cheese, Truffle Cream Sauce

Contains Allergens: 1(Wheat), 7, 12

BEVERAGE PAIRING:

KILLARNEY LAGER €7.50 Contains Allergens: 1(Wheat, Barley)

ROAST ATLANTIC SALMON €29

Beetroot Puree, Baby Potato, Carrots, Lemon Parsley Cream Sauce

Contains Allergens: 4, 7, 12

BEVERAGE PAIRING:

KILLARNEY LAGER €7.50 Contains Allergens: 1(Wheat, Barley)

T. CRONIN 10 oz IRISH HEREFORD BEEF STRIPLOIN €36

Package €10 Supplement

Baby Carot, Roast Portabello Mushroom, Onion Ring, Chips, Bordelaise or Paper Sauce

Contains Allergens: 1(Wheat), 4, 7, 12

BEVERAGE PAIRING:

KILLARNEY LAGER €7.50 Contains Allergens: 1(Wheat, Barley)

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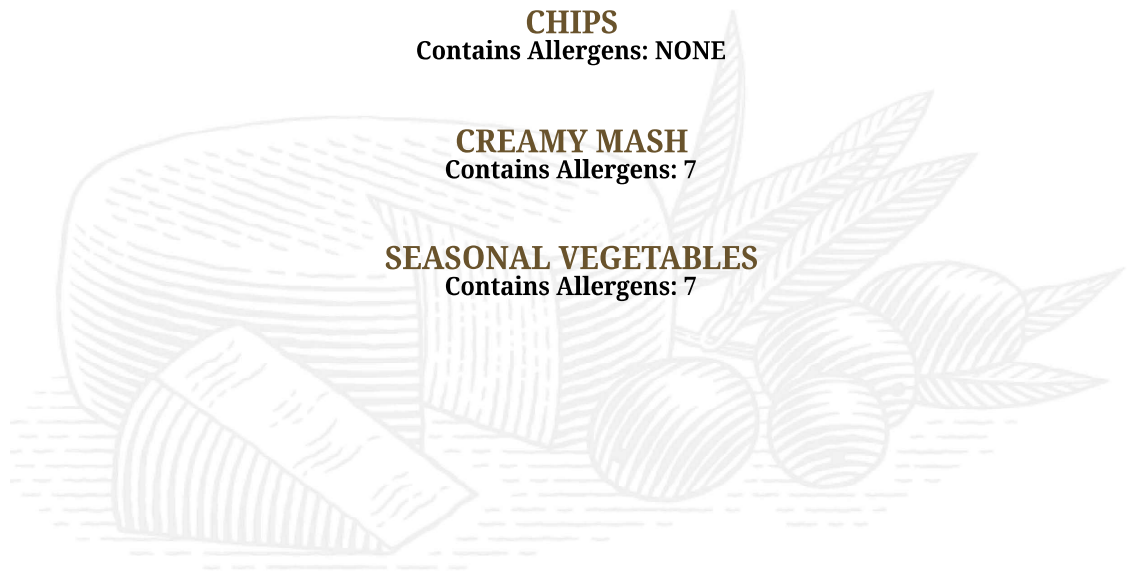
• **SIDE PLATES €5** •

MIXED LEAVES
Contains Allergens: 12

CHIPS
Contains Allergens: NONE

CREAMY MASH
Contains Allergens: 7

SEASONAL VEGETABLES
Contains Allergens: 7



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• **DESSERTS €10** •

SEASONAL FRUIT TART

Served with Sorbet

Contains Allergens: 1 (Wheat, Oats), 3, 6, 7, 12

BAILEY'S CHEESECAKE

Graham Crust, White Chocolate Sauce,
Whiskey Ice Cream

Contains Allergens: 1 (Wheat), 6, 7

DOUBLE CHOCOLATE PECAN BROWNIE

Dark Chocolate Sauce, Salted Caramel Ice Cream

Contains Allergens: 1 (Wheat), 3, 6, 7, 8 (Pecan)

APPLE & CARAMEL DELICE

Caramel Sauce

Contains Allergens: 1 (Wheat), 3, 6, 7

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