

## BREAKFAST

'The most important meal of the day'

SAMPLE MENU

## CONTINENTAL BUFFET

Please help yourself to our wide selection of cereal, fresh fruits, preserves, breads, cold meats & pastries, as well as a choice of Hot Beverages: Filter 5mile Coffee or Decaf Irish Breakfast Tea, Hot Chocolate with Marshmallow (7), Herbal & Fruit Tea Infusions

## FROM OUR KITCHEN

## FREE RANGE EGGS

#### **SCRAMBLED**

Gently, with Kenmare Oak Smoked Salmon Served with lemon & capers (3,4,7,12)

#### **POACHED**

Simply, with Back Bacon Served with English Muffin (1Wheat, 3,6,7,12)

#### BENEDICT

Luxuriously, poached eggs on English Muffin, Limerick Ham, served with our own Hollandaise Sauce (1Wheat.3.6.7.12)

#### **FLORENTINE**

Decadently, poached eggs on English Muffin, Sautéed Spinach, Served with our own Hollandaise Sauce (1Wheat,3,6,7)

#### **BOILED**

 $Humbly, two\ eggs\ served\ with\ Sourdough\ Bread\ (1\ Wheat, 3, 7)$ 

#### **MUCKROSS PANCAKES**

Buttermilk Pancakes with Mixed Fruit Compote Served with Maple Syrup (1Wheat,3,6,7)

#### MUCKROSS TRADITIONAL BREAKFAST

Two eggs either fried, poached or scrambled Pork Sausage, Black & White Pudding Grilled Back Bacon Rasher Portobello Mushroom, Roasted Baby Potatoes (1Wheat, Oats,3,6,7,12)

## VEGETARIAN & VEGAN

#### **PORRIDGE**

*Irish Oatmeal served with Fruit Compote* (3,7,12)

#### **TOFU EGGS**

Scrambled, with Portobello Mushroom, Spinach Served with Sourdough Bread (1,6,12)

#### **FULL VEGAN BREAKFAST**

Tofu Scrambled Eggs, Vegan Sausage Baked Beans Portobello Mushroom Grilled Tomato Roasted Baby Potatoes (1Wheat,6,12)

## SIDES (€5 Each)

Two Sausages (1Wheat,6)
Two Rashers (12)
Streaky Bacon (12)
Sautéed Spinach
Portobello Mushrooms Black & White Pudding
(1Wheat, Oats,6)

## FROM OUR BARISTA & BAR

# CAPPUCCINO, LATTE, ESPRESSO OR FLAT WHITE €4.50

#### **BLOODY MARY €15.50**

Traditional, Vodka with Worcestershire, Tabasco Celery Salt, Paprika, Fresh Lemon & lime (1Barley,4,9)

#### **MIMOSA** €15.50

Italian, Prosecco with Fresh Orange Juice (12)