



MONKS LOUNGE
at Muckross Park Hotel

A BRIEF HISTORY

The Monk's Lounge was established in 1795. It was known then as The Herbert Arms, owned by the Herbert family later of Muckross House, The Herbert Arms acted as an Inn with accommodation for travellers venturing to Muckross or onwards over the Old Kenmare Road. According to the 1901 & 1911 National Census the building was made up of between four and six bedrooms with a public bar underneath. The Monk's Lounge name originates from the Franciscan friars who occupied the nearby Muckross Abbey, which was founded in the 6th century by St. Finian, from 1448 onwards until it was conquered by the Cromwellian forces in 1652.

Allergen List

1-Gluten | 2-Crustaceans | 3-Eggs | 4-Fish | 5-Peanuts | 6-Soyabeans | 7-Dairy | 8-Nuts | 9-Celery | 10-Mustard
11-Sesame Seeds | 12-Sulphites | 13-Lupins | 14-Molluscs
(V) Vegan (Vg) Vegetarian



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• STARTERS •

DAILY SOUP €9

Served with Homemade Guinness Brown Bread
Contains Allergens: 1 (Barley, Wheat), 7, 9, 10, 12

WILD ATLANTIC SEAFOOD CHOWDER €13

Creamy Soup of Fish, Prawns, Mussels,
Served with Homemade Guinness Brown Bread
Contains Allergens: 1 (Barley, Wheat), 2, 4, 7, 9, 10, 12, 14

CLASSIC CAESAR SALAD €14

Baby Gem Lettuce, Aged Parmesan Cheese, Croutons, Crispy Bacon,
Roast Garlic Anchovy Dressing

Contains Allergens: 1 (Wheat), 3, 4, 7, 10, 12

ADD CHICKEN €5

CASHEL BLUE CHEESE SALAD €14

Mixed Leaves, Candied Walnuts, Apple, Celery, Grapes, Honey Truffle Dressing

Contains Allergens: 3, 7, 8(Walnuts), 9, 10, 12

DINGLE GIN CURED SALMON €14

Pickled Black Berries, Red Onion, Horseradish, Juniper Gel

Contains Allergens: 4, 7, 9, 10, 12, 14

PORK TWO WAYS €14

Braised Pork Belly & Pork Neck Croquette, Pickled Carrot, Cucumber,
Harissa Aioli

Contains Allergens: 1(Wheat), 3, 6, 7, 9, 10, 12

SWEET CHILI PRAWN SKEWER SALAD €14

Grilled Prawns, Vermicelli Noodles, Mange Tout, Orange Segments, Cashews,
Sweet Chili Rice Wine Sauce

Contains Allergens: 2, 4, 6, 8(Cashews), 11, 12, 14

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• **SANDWICHES €18** •
Served with Chunky Chips & Seasonal Side Salad
Available Until 17:30

PRAWN & CRAB SALAD

Granny Smith Apple, Celeriac, Pickled Ginger,
Homemade Guinness Brown Bread
Contains Allergens: 1 (Barley, Wheat), 2, 3, 7, 9, 10, 12

GRILLED VEGETABLE CIABATTA

Grilled Courgette, Aubergine, Red Pepper, Portabello Mushroom, Red Onion,
Vegan Basil Pesto
Contains Allergens: 1 (Wheat), 3,

GRILLED CHICKEN CAESAR TORTILLA WRAP

Grilled Chicken Fillet, Baby Gem Lettuce, Aged Parmesan Cheese, Crispy Bacon,
Roast Garlic Anchovy Dressing
Contains Allergens: 1 (Wheat), 3, 4, 7, 10, 12

TOASTED HAM & CHEESE CIABATTA

Limerick Baked Ham, White Cheddar Cheese, Tomato Relish, Ciabatta Loaf
Contains Allergens: 1(Wheat), 3, 6, 7, 9, 10, 12

Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic, please inform our staff of any allergies.

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• **MAINS** •

CRONIN'S IRISH BEEF BURGER €22

White Cheddar Cheese, Baby Gem Lettuce, Tomato, Red Onion,
Paprika Mayonnaise, Brioche Bun

Contains Allergens: 1(Wheat), 3, 6, 7, 9, 10, 12

FISH & CHIPS €24

Lager Battered Cod, Tartar Sauce, Creamed Green Peas & Chunky Chips

Contains Allergens: 1 (Wheat), 3, 4, 7, 10, 12

ROAST ATLANTIC SALMON €28

Tender Stem Broccoli, Spinach Puree, Mash Potato,
Lemon Butter Sauce

Contains Allergens: 4, 7, 12

IRISH CHICKEN SUPREME €24

Rosti Potato, Sweet Potato Puree, Green Beans, Wild Mushroom Chicken Jus

Contains Allergens: 7, 9, 12

IRISH BEEF BOURGUIGNON €24

Cheese Puff Pastry, Diced Beef, Pancetta, Pearl Onion, Button Mushrooms, Celery,
Carrot, Baby Potato, Red Wine Gravy

Contains Allergens: 1(Wheat), 7, 9, 10, 12

SPINACH & RICOTTA TORTELINI €24

White Wine Cream Sauce, Baby Spinach, Semi-Dried Tomato, Parmesan Cheese

Contains Allergens: 1(Wheat), 3, 7, 12

BEET ROOT RISOTTO €24 (V)

Arborio Risotto, Beet Root, Spinach, Vegan Feta

Contains Allergens: 6

10oz IRISH BEEF STRIPLOIN €34

Mash Potato, Tomato Provencal, Baby Carrot, Roast Portabello Mushroom,
Garlic Herb Compound Butter, Bordelaise Sauce

Contains Allergens: 1(Wheat), 7, 9, 12

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• **SIDE PLATES €5** •

MIXED LEAVES
Contains Allergens: 12

CHUNKY CHIPS
Contains Allergens: NONE

CREAMY MASH
Contains Allergens: 7

SEASONAL VEGETABLES
Contains Allergens: 7

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• DESSERTS •

APPLE CRUMBLE €10

Bourbon Vanilla Ice Cream

Contains Allergens: 1 (Wheat, Oats), 3, 6, 7, 12

BAILEY'S CHEESECAKE €10

Graham Crust, White Chocolate Sauce, Whiskey Ice Cream

Contains Allergens: 1 (Wheat), 6, 7, 8(Almonds)

BREAD & BUTTER PUDDING €10

Drunken Raisins, Crème Anglaise, Rum Raisin Ice Cream

Contains Allergens: 1 (Wheat), 3, 6, 7, 12

DOUBLE CHOCOLATE PECAN BROWNIE €10

Dark Chocolate Sauce, Salted Caramel Ice Cream

Contains Allergens: 1 (Wheat), 3, 6, 7, 12

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