



# • MONKS LOUNGE •

*(V)- Denotes Vegan, (Vg)- Denotes Vegetarian*

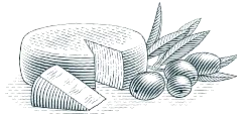
*During busy service periods please allow 10 – 15 minutes for your order to be cooked. Please advise our team members of any dietary requirements you might have.*

*Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic ingredients.*

*Allergen List: 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soyabeans, 7-Dairy, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs*



MUCKROSS PARK  
HOTEL & SPA



## • SPA LUNCH •

*(Served from 12- 5:00)*

### **Daily Soup**

*Served with Home Made Guinness Brown Bread*

*Contains Allergens: 1 (Wheat), 7, 12*

### **Wild Atlantic Seafood Chowder**

*Cod, Salmon, Prawns, Mussels Served with Home Made Guinness Brown Bread*

*Contains Allergens: 1 (Wheat), 2, 3, 4, 6, 7, 9, 10, 12, 14*

### **Seasonal Risotto**

*Tender Pea Shoots, Vegan Feta, Herb Oil*

*Contains Allergens: 6, 12*

### **Spinach & Ricotta Tortellini (Vg)**

*Baby Spinach, White Wine Cream Sauce Parmesan Cheese*

*Contains Allergens: 1(Wheat) 3, 7, 12)*

### **Roasted Cider Brined Chicken Supreme**

*Black Trumpet Mushrooms, Baby Carrots, Leeks, Anna Potato, Chicken Cider Jus Reduction Contains*

*Allergens: 7, 10, 12*

### **Kenmare Smoked Salmon Tartine**

*Open Sandwich with House Made Rye Bread, Cream Cheese, Dill, Fried Capers, Pickled Shallots, Fennel, and Watercress*

*Contains Allergens: 1 (Wheat, Rye), 4, 7, 12*

### **Tomato & Ricotta Focaccia (Vg)**

*Sundried Tomato, Ricotta, Watercress and Basil Pesto*

*Contains Allergens: 1 (Wheat), 7, 8 (Pine Nuts), 10*

## • GO ZERO •

### **MOJITO**

*Mint, Simple Syrup, Lime, Soda Water*

### **CUCUMBER GIMLET**

*Cucumber, Lime, Simple Syrup*

### **TBC**

*TBC*