



• MONKS LOUNGE •



MUCKROSS PARK
HOTEL & SPA



• STARTERS •

Daily Soup (Vg) €8

*Served with Home Made Guinness Brown Bread
Contains Allergens: 1 (Wheat), 7, 12*

Wild Atlantic Seafood Chowder €12

*Cod, Salmon, Prawns, Mussels
Served with Home Made Guinness Brown Bread
Contains Allergens: 1 (Wheat), 2, 3, 4, 6, 7, 9, 10, 12, 14*

Mixed Baby Leave Salad (V) €12

*Baby Beetroot, Carrot, Radish, Pecans, High Bank's Organic
Apple Cider Vinaigrette
Contains Allergens: 7, 8(Pecans), 12*

Tempura Tender Stem Broccoli (V) €12

*With Fried Tofu and Sesame Soy Sauce
Contains Allergens: 1 (Wheat), 6, 11, 12*

Grilled White Bass Fillet €14

*Mussel Potato Salad, Gribiche, Brown Butter Caper Sauce
Contains Allergens: 1 (Wheat), 3, 4, 7, 10, 14*

Braised Lamb Shoulder €16

*Ginger Carrot Purée and Red Wine Jus
Contains Allergens: 1 (Wheat), 3, 7, 9, 10, 12*

(V)- Denotes Vegan, (Vg)- Denotes Vegetarian

During busy service periods please allow 10 – 15 minutes for your order to be cooked. Please advise our team members of any dietary requirements you might have.

Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic ingredients.

Allergen List: 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soyabeans, 7-Dairy, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs

• SANDWICHES •

*(served from 12- 5:30)
Served with a Side Salad and Skin on Chips*

Kenmare Smoked Salmon Tartine €14

*Open Sandwich with House Made Rye Bread, Cream Cheese, Dill,
Fried Capers, Pickled Shallots, Fennel, and Watercress
Contains Allergens: 1 (Wheat, Rye), 4, 7, 12*

Tomato and Ricotta Focaccia (Vg) €14

*Sundried Tomato, Ricotta, Watercress and Basil Pesto
Contains Allergens: 1 (Wheat), 7, 8 (Pine Nuts), 10*

Quinoa and Chickpea Burger (V) €18

*Vegan Cheddar, Baby Gem, Tomato, Red Onion, Guacamole,
Beetroot Bun
Contains Allergens: 1 (Wheat), 6, 11, 12*

6oz Steak and Mushroom Ciabatta €16

*Sautéed Beef Strips, Wild Mushrooms, Caramelized Onions,
Mushroom Cream Sauce
Contains Allergens: 1 (Wheat), 7, 10, 12*

(V)- Denotes Vegan, (Vg)- Denotes Vegetarian

During busy service periods please allow 10 – 15 minutes for your order to be cooked. Please advise our team members of any dietary requirements you might have.

Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic ingredients.

Allergen List: 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soyabeans, 7-Dairy, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs



• MAINS •

Green Pea and Asparagus Risotto (V) €18.00

*Tender Pea Shoots, Vegan Feta, Herb Oil
Contains Allergens: 6, 12*

Spinach and Ricotta Tortellini (Vg) €22

*Baby Spinach, White Wine Cream Sauce
Parmesan Cheese
Contains Allergens: 1(Wheat) 3, 7, 12*

Roasted Cider Brined Chicken Supreme €24

*Black Trumpet Mushrooms, Baby Carrots, Leeks, Anna Potato,
Chicken Cider Jus Reduction
Contains Allergens: 7, 10, 12*

Pan Fried Plaice €28

*Grilled Asparagus, Confit Cherry Tomato, Roast Baby Potato,
Spinach Cream Sauce
Contains Allergens: 4, 7, 9, 12*

Braised Lamb Shank €28

*Roast Garlic Mashed Potato, Minted Buttered Savoy Cabbage,
Baby Carrot, Lamb Jus Reduction
Contains Allergens: 7, 9, 10, 12*

Rosscarbery 10oz Irish Beef Ribeye €32.00

*Mashed Potato, Baby Carrot, Dingle Whiskey Peppercorn Cream Sauce
Contains Allergens: 1(Wheat), 3, 7, 9, 10, 12*

(V)- Denotes Vegan, (Vg)- Denotes Vegetarian

During busy service periods please allow 10 – 15 minutes for your order to be cooked. Please advise our team members of any dietary requirements you might have.

Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic ingredients.

Allergen List: 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soyabeans, 7-Dairy, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs



• SIDE PLATES €5 •

Skin on Chips (V)

With Smoked Maldon Sea Salt

Contains Allergens: None

Mint Buttered Savoy Cabbage (Vg)

Contains Allergens: 7, 10, 12

Creamed Mashed Potato (Vg)

With Crispy Fried Shallots

Contains Allergens: 7

Mixed Baby Leaves Salad (V)

With High Bank's Organic Apple Cider Vinaigrette

Contains Allergens: 12

(V)- Denotes Vegan, (Vg)- Denotes Vegetarian

During busy service periods please allow 10 – 15 minutes for your order to be cooked. Please advise our team members of any dietary requirements you might have.

Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic ingredients.

Allergen List: 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soyabeans, 7-Dairy, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Mollus



• DESSERTS €10 •

Vanilla Crème Brulée (Vg)

With Sugar Biscuit

Contains Allergens: 1 (Wheat), 3, 7

Poached Pear and Pastry Cream Tart (Vg)

With Slivered Almonds and Vanilla Ice Cream

Contains Allergens: 1 (Wheat), 3, 7, 8 (Almonds), 12

Apple Ginger and Golden Syrup Steamed Pudding (Vg)

With Crème Anglaise and Whiskey Ice Cream

Contains Allergens: 1 (Wheat, Barley), 7, 12

Dark Chocolate Mousse (Vg)

With Pistachio Dacquoise and Salted Caramel Ice Cream

Contains Allergens: 3, 7, 8 (Almonds, Pistachios), 12

Fruit Salad and Sorbet (V)

*Pineapple, Melon, Mixed Berries, Vanilla Syrup
and Strawberry Sorbet*

Contains Allergens: 3, 7

IRISH CHEESE BOARD (Vg) €14

3 Irish Cheeses 40 Grams Each

With House Made Chutney, Crackers and Grapes

Contains Allergens: 1 (Wheat), 7, 8 (May Contain Hazelnuts), 10, 12

(V)- Denotes Vegan, (Vg)- Denotes Vegetarian

During busy service periods please allow 10 – 15 minutes for your order to be cooked. Please advise our team members of any dietary requirements you might have.

Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic ingredients.

Allergen List: 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soyabeans, 7-Dairy, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs

