

# BREAKFAST MENU

ADULTS: €22 / CHILDREN: €12

## CHOICE OF HOT BEVERAGE

Your choice of Coffee or Decaffeinated Coffee

Irish Breakfast Tea

Hot Chocolate with Marshmallows

*Contains Allergens: 7*

Your choice of Herbal and Fruit Tea Infusions

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## CHOICE OF FRUIT JUICES

Orange, Apple, Cranberry, Tomato

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## CHOICE OF CEREALS

Rice Crisps, Corn Flakes, Bran Flakes

Cocoa Rice Crisps, Muesli and Granola

*Full allergen list available on request, please ask your server.*

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## VEGETARIAN AND VEGAN BREAKFAST OPTIONS

### OVERNIGHT OATS

*Oat Milk, Chia Seeds, Maple Syrup with Fresh Berries*

*Contains Allergens: 1(Oats), 12*

### IRISH OATMEAL PORRIDGE

*Vegan & Gluten Free Option Available*

*Served with Fruit Compôte*

*Contains Allergens: 1(Oats), 7,12*

### SCRAMBLED TOFU "EGGS"

*Sautéed Wild Mushrooms, Spinach*

*Sourdough Bread*

*Contains Allergens: 1(Wheat), 6, 12*

### FULL VEGAN BREAKFAST

*Tofu Scrambled Eggs, Vegan Sausage, Baked Beans, Portobello Mushroom,*

*Grilled Tomato with Roast Baby Potatoes*

*Contains Allergens: 1(Wheat, Barley), 6,12*

## YOUR CONTINENTAL BREAKFAST

White and Brown Toast, Baked Croissants

Mini Danish Pastries, Fruit Plate and Fruit Yoghurt of the day.

*Contains Allergens: 1(Wheat), 3,6,7,8(Walnuts), 12*

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## FRESH FROM OUR KITCHEN

### FARMHOUSE PLATE

*Limerick Baked Ham, Salami, Hegarty's Cheddar, Tipperary Brie*

*Grainy Mustard, White Country Loaf*

*Contains Allergens: 1(Wheat), 7, 10, 12*

### SCRAMBLED EGGS AND

### OAK SMOKED SALMON

*Served with Lemon and Capers*

*Contains Allergens: 3,4,7,12*

### POACHED EGGS 'BENEDICT'

*English Muffin, Limerick Baked Ham and Hollandaise Sauce*

*Contains Allergens: 1(Wheat), 3,7,12*

### POACHED EGGS 'FLORENTINE'

*English Muffin, Sautéed Spinach and Hollandaise Sauce*

*Contains Allergens: 1(Wheat), 3,7*

### KIPPERS

*Smoked Herring Fillet, Lyonnaise Potatoes, Lemon Butter Sauce*

*Contains Allergens: 3,4 7,12*

### MUCKROSS PANCAKES

*Buttermilk Pancakes with Mixed Fruit Compôte and Maple Syrup*

*Contains Allergens: 1(Wheat), 3,7*

### TRADITIONAL IRISH BREAKFAST

*Two Eggs either Fried, Poached or Scrambled*

*Served with an Andarl Farm Pork Sausage\**

*Clonakilty Black & White Pudding\*, Bacon Rasher,*

*Grilled Tomato, Portobello Mushroom, Roast Baby Potatoes*

*\*Gluten Free Sausage and Puddings are also available.*

*Contains Allergens: 1(Wheat, Barley, Oats), 3,6,7,9,10,12*

*During busy service periods please allow 10 - 15 minutes for your order to be cooked. Please advise our team members of any dietary requirements you might have.*

*Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergenic ingredients.*

Allergen List: 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soyabean, 7-Dairy, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs