



• MONKS LOUNGE •



MUCKROSS PARK
HOTEL & SPA



• SMALL PLATES •

Daily Soup €8.00

Served with Sourdough Bread
Contains Allergens: 1(Wheat),6,7,9,10,12

Couscous and Dried Apricot Salad (V) €12.00

Cherry Tomatoes, Pecans, Baby Mixed Leaves, Apple Cider Vinaigrette
Contains Allergens: 1(Wheat),8(Pecans),10,12

Cobb Salad €14.00

Buttermilk Poached Chicken Breast, Streaky Bacon, Sundried Tomatoes, Avocado
Boiled Egg, Baby Gem Lettuce with an Organic Cashel Blue Cheese Yogurt
Dressing
Contains Allergens: 3,6,7,10,12

Battered Tender Stem Broccoli €10.00

Chickpeas, Harissa, Watercress, Dukka Spiced Yogurt
Contains Allergens: 1 (Wheat),6,7, 8(Hazelnuts),12

Pork Duo €14.00

Rosscarberry Gluten Free Black Pudding and Braised Pork Neck, Bacon and Onion
Marmalade with Shaved Cantaloupe Melon
Contains Allergens: 6,9,10,12

Seabass Fillet Escabéche €14.00

Warm Citrus Marinated Seabass, Mange Tout, Fennel, Pea Tendrils
Cucumber Dill Dressing
Contains Allergens: 4, 10, 12

(V)- Denotes Vegan, (Vg)- Denotes Vegetarian

During busy service periods please allow 10 – 15 minutes for your order to be cooked. Please advise our team members of any dietary requirements you might have.

Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic ingredients.

Allergen List: 1-Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soyabeans, 7-Dairy, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs



• SANDWICHES AND BURGERS •

Tomato, Basil and Ricotta Ciabatta (Vg) €14.00

*Beef Tomato, Ricotta, Watercress, Basil Purée, Ciabatta Sandwich
Served with Baby Mixed Leaves and Sweet Potato Fries
Contains Allergens: 1(Wheat),6,7,10,12*

Buttermilk Poached Chicken Focaccia €14.00

*Chicken Breast, Beef Tomato, Baby Gem, Tipperary Brie on Focaccia
Served with Baby Mixed Leaves and Sweet Potato Fries
Contains Allergens: 1(Wheat),3,6,7,10,12*

Croque Monsieur €14.00

*Limerick Baked Ham and Cheddar Cheese on Toasted Brioche with Béchamel Sauce
Served with Skin on Chips
Contains Allergens: 1(Wheat),3,6,7,10,12*

Chickpea Quinoa Coriander Burger (V) €16.00

*Vegan Beetroot Bun, Vegan 'Cheddar' Cheese, Smoked Tomato Relish
Served with Sweet Potato Fries
Contains Allergens: 1(Wheat),6,11,12*

8oz Irish Beef Burger

*Brioche Bun, Streaky Bacon, Tomato, Gherkins, Cheddar Cheese
Red Onion, Ancho Chili Mayo
Served with Skin on Chips
Contains Allergens: 1(Wheat),3,6,7,10,12*

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• MAIN COURSE •

Spinach and Ricotta Tortellini (Vg) €18.00

Mixed Mushrooms, Baby Spinach, White Wine Cream Sauce, Parmesan Cheese
Contains Allergens: 1(Wheat),3,7,10,12

Pan Seared Trout Fillet €24.00

Creamed Baby Spinach, Crushed Baby Potatoes, Asparagus, Lemon Beurre Blanc
Contains Allergens: 4,7,10,12

Cider Brined Chicken Supreme €22.00

Charred Cauliflower, Grilled Scallions, Creamed Potatoes, Chicken Jus Reduction
Contains Allergens: 6,7,9,12

Grilled Andarl Farm Pork Chop €24.00

Corn on the Cob, Colcannon Mashed Potatoes, Thyme Jus
Contains Allergens: 6,7,9,10,12

10oz Irish Angus Beef Sirloin Steak €32

Grilled Portabello Mushroom, Tender Stem Broccoli, Parmesan and Sage
Twice Baked Potato with Peppercorn Sauce
Contains Allergens: 6,7,10,12

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• SWEETS •

Summer Berry Cheesecake €8.50

With Honeycomb Ice Cream

Contains Allergens: 1(Wheat),3,6,7,12

Apple and Blackberry Crumble €8.50

Warm Tart with Whiskey Ice Cream

Contains Allergens: 1(Wheat, Barley, Oat),3,6,7,12

Chocolate and Raspberry Mousse €8.50

With Yogurt Ice Cream

Contains Allergens: 1(Wheat),3,6,7

Glazed Lemon Tart €8.50

With Strawberry Sorbet

Contains Allergens: 1(Wheat),3,6,7,12

Selection of Artisan Irish Cheeses €12.50

Farmhouse Cheese, Seasonal House Chutney, Grapes

Contains Allergens: 1(Wheat), 3,7,10,12

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