



MONK'S LOUNGE

A Brief History

The Monk's Lounge was established in 1795.

It was known then as The Herbert Arms, owned by the Herbert family later of Muckross House, The Herbert Arms acted as an Inn with accommodation for travellers venturing to Muckross or onwards over the Old Kenmare Road.

According to the 1901 & 1911 National Census the building was made up of between four and six bedrooms with a public bar underneath.

The Monk's Lounge name originates from the Franciscan Friars who occupied the nearby Muckross Abbey, which was founded in the 6th century by St. Fionan, from 1448 onwards until it was conquered by the Cromwellian Forces in 1652.

Allergen Index

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|-----------------|----------------|
| (1) Gluten | (8) Nuts |
| (2) Crustaceans | (9) Celery |
| (3) Eggs | (10) Mustard |
| (4) Fish | (11) Sesame |
| (5) Soybeans | (12) Sulphites |
| (6) Dairy | (13) Lupin |
| (7) Peanuts | (14) Molluscs |

LIGHT BITES

Chef's Fresh Soup of the Day €7.00 1,6,9

Served with Garlic Croutons & Treacle Bread

Atlantic Seafood Chowder €12.00 2,4,6,9,12,14

Creamy Seafood Chowder, Treacle Bread & Fresh Herbs

Classic Chicken Caesar Salad €12.50 1,3,4,10,12

Little Gem, Grilled Chicken, Bacon Bits, Garlic Croutons,
Parmesan & Caesar Dressing

Pan-fried Tiger Prawns €13.50 1,2,6

Potato Rösti, Sautéed Vegetables, Tomato Chutney, Saffron Velouté

Baked Black Pudding €10.50 1,3,6

Sneem Black Pudding, Toasted Brioche, Sautéed Mushrooms,
Herb Crème Cheese & Rocket Leaves

Healthy House Salad €11.00 6

Mixed Baby Leaves, Quinoa, Melon, Cherry Tomatoes, Feta Cheese,
Toasted Seeds & Pomegranate Dressing

Club Sandwich €15.00 1,3,5,6,10

Grilled Chicken, Bacon, Fried Egg, Tomato, Salad & Fries

Sandwich of Choice €9.00

Served with Salad & Skinny Fries

Choose from the following fillings:

Chicken, Ham, Cheese, Tomato, Onion

*Sandwiches are available on Gluten free bread, please advise a member of our team.

MAINS

Beef Rump Fillet €26.00 6,12

Braised Beef Rump Fillet, Saffron Risotto, Courgette, Wild Mushrooms, Candy Beetroot, Braising Jus

(€5.00 supplement applies for guests dining on the spa package)

Supreme of Irish Chicken €19.50 6,9,12

Melted Mozzarella, Sundried Tomato, Baked Broccoli, Creamed Potato & Basil Sauce

Salmon & Smoked Fish Duo €20.00 4,6,11,12,14

Delice of Salmon, Smoked Fish Brandade, Grilled Peppers, Coriander, Sesame & Mussels in White Wine Sauce

Lightly Spiced Yellow Chicken Curry €17.00 1,6,9

Vegetables, Basmati Rice, Naan Bread, Lime Yoghurt

Classic Irish Beef Burger €18.50 1,6,10,11, 12

8oz Beef Burger, Streaky Bacon, Tomato, Gherkins, Red Onion Marmalade, Tomato Relish, Cheddar Cheese, Onion Rings & Fries

Fish & Chips €18.50 1,2,4,6,12

Tempura Fried White Fish Fillet, Peas Puree, Caramelized Lemon, Tartar Sauce & Fries

Mediterranean Chorizo Pasta €17.00 1,6,12

Grilled Mediterranean Vegetables, Chorizo, Tomato Cream Sauce, Parmesan Shavings

SIDE ORDERS

Skinny Fries €4.00 1

Sweet Potato Fries €5.00 1

Onion Rings €4.00 1

Seasonal Vegetables €4.00 6

Chefs Garden Salad €4.00 9,10,12

DESSERTS

Blackberry Indulgence €7.50 1,3,6,8

Blackberry Mousse, Blackberry Jelly, Blackberry Sorbet, Almond Biscotti

Strawberry Pavlova €7.50 1,3,6,8

Strawberry Gel, Chantilly, Vanilla Ice Cream

Signature Chocolate Amaretto Crème Bruleé €7.50 1,3,6,8

Orange Madeleine

Selection of Ice Cream (3 scoops) €7.00 1,3,6,7,8

Irish Cheese Selection €10.00 1,3,6,8,9,10,11,12

Crackers & House Preserves

Freshly Baked Scone €4.50 (V) 1,6,12

House Preserves & Freshly Whipped White Chocolate Chantilly
(A selection of plain, fruit or apple & cinnamon)

Fruit and Berry Salad €7.00 (Gluten Free & Dairy Free)

HOT BEVERAGES

Irish Breakfast Tea €4.00

Loose Speciality Herbal Tea €4.70

Americano €4.20

Espresso €3.70

Double Espresso €4.50

Cappuccino / Café Latte (6) €4.50

Hot chocolate (6) €4.50

LOOSE TEA SELECTION

BLACK TEA

Darjeeling Summer Gold, India, Summer

This outstanding summer plucking has a flowery elegance and a deliciously well-balanced aroma.

Irish Whiskey Cream, India, Summer

This malty Assam tea effuses a flamboyant fragrance of Whiskey with a breath of Cocoa.

Earl Grey Darjeeling, India, Autumn

Delicately flowery Autumn Darjeeling with Bergamot.

GREEN TEA

Jasmine Gold, China, Spring

Delicate jasmine blossoms diffuse their gentle fragrance over a summer China green tea.

Morgentau, China, Summer

A fascinating tea composition with Sencha, flower petals and a subtle fruity flavour of mango & lemon.

Green Dragon Lung Ching, China, Spring

A rare pleasure for tea connoisseurs when the typical light tartness of green tea joins with a flurry of freshness.

INFUSIONS

Sweet Nana

A delicious mint with a fresh, sweet and aromatic flavour.

Vanilla Rooibos

The much-loved South African Rooibos, flavoured with the richness of creamy vanilla.

Tangy Lemon

Sparkling, fruity lemon freshness that tingles on the tongue.

Get the power

A fruit infusion of exquisite fruits, cola nut and red currants.

Ayurveda Herbs & Ginger

Inner warmth. A perfectly balanced herbal blend to activate all the senses.

LIQUEUR HOT BEVERAGES

Irish coffee (6)	€6.50
Baileys coffee (6)	€6.50
Calypso coffee (6)	€6.50
French coffee (6)(12)	€6.50
Hot Whiskey	€5.00
Hot Brandy	€6.00
Hot Port	€5.70

SOFT DRINKS & MIXERS

Coke	€3.20
Diet Coke	€3.20
7up	€3.20
7up Free	€3.20
Club Orange	€3.20
Club Lemon	€3.20
Cidona	€3.20
Lucozade	€4.00
Red Bull	€4.50
Fever Tree Tonic Water/ Naturally Light Tonic	€3.50
Water	€3.50
Fever Tree Elderflower Tonic	€3.50
Fever Tree Ginger Ale	€2.50
Club Soda Water	€2.50
Club Ginger Ale	€2.50
Club Bitter Lemon	€2.50
Club White Lemonade	€2.50

BOTTLED WATER

Ballygowan Still 330ml	€3.20
Ballygowan Sparkling 330ml	€3.20
Aqua Panna Still 750ml	€8.00
San Pellegrino 750ml	€8.00

FRUIT JUICES

Orange	€3.20
Apple	€3.20
Cranberry	€3.20
Pineapple	€3.20
Tomato	€3.20

PORT

Sandeman Ruby	€5.20
Lágrima Branco Ramos Pinto White	€6.50
Dow's 10 yrs old Tawny	€8.90
Dow's Nirvana Reserve	€9.90

SHERRY

Harveys Bristol Cream	€5.70
Tio Pepe	€5.70
Winters Tale	€5.70
Croft	€5.70
Fernando De Castilla Amontillado	€9.90
Fernando De Castilla Fino	€9.10

APERITIFS

Martini Bianco/Dry/Rosso	€5.50
Dubonnet	€5.50
Pimms No.1	€5.50
Campari	€7.10
Pernod	€5.50
Grappa Bianca	€7.20

WINE SELECTION

	Glass	Bottle
White Wine		
Les Jamelles, Chardonnay, France	€8.50	€34.00
Santa Digna, Sauvignon Blanc, Chile	€9.00	€33.00
Old Coach Road, Sauvignon Blanc, New Zealand	€9.20	€35.00
Masi Masianco, Pinot Grigio, Italy	€9.20	€35.00

Red Wine		
Rosario Estate, Cabernet Sauvignon, Chile	€8.50	€32.00
Santa Digna, Merlot Reserva, Chile	€9.00	€35.00
Rawson Retyreat, Shiraz, South Australia	€8.50	€33.00
Andean Vineyards, Malbec, Argentina	€9.00	€35.00

Rosé Wine		
Masi Masianco, Refosco, Italy	€9.20	€35.00

Dessert Wine		
Kracher Auslese, Burgenland, Austria	€12.50	€36.00

CHAMPAGNE & SPARKLING WINE SELECTION

	Glass	Snipe	Bottle
Serena Prosecco	€10.00		€40.00
Lanson Champagne		€28.00	
Ayala Brut Majure Champagne			€99.00

VODKA

Smirnoff	€5.00
Absolut	€5.00
Absolut flavoured	€5.30
Dingle	€5.80
Tito's	€6.50
Ketel One	€8.00
Grey Goose	€8.50

RUM

Bacardi	€5.00
Sea Dog Dark Rum	€5.00
Captain Morgan	€5.00
Havanna 3yr	€5.50
Malibu	€5.50

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Gordon's	€4.80
Bombay Sapphire	€5.00
Dingle	€5.90
Tanqueray	€5.70
Tanqueray 10	€8.60
Hendrick's	€7.00
Blackwater No.5	€7.60
Bertha's Revenge	€8.00
Monkey 47	€12.50
Brockmans	€8.50
Gin Mare	€10.50
Gunpowder	€7.70
Shortcross	€10.50

TEQUILA

Olmecca	€6.00
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BRANDY

Hennessy VS	€5.50
Martell VS	€5.50
Calvados	€6.20
Remy Martin VSOP	€8.00

Hennessy XO

€20.00

WHISKEY SELECTION

Irish

Bushmills	€5.10
Bushmills Blackbush	€6.00
Bushmills 10 Yr	€7.50
Bushmills 16 Yr	€11.50
Jameson	€4.70
Jameson Crested Ten	€6.00
Jameson Caskmates	€7.00
Jameson Caskmates IPA	€7.00
Jameson Black Barrel	€8.80
Jameson The Blender's Dog	€12.60
Jameson The Cooper's Croze	€12.60
Jameson The Distiller's Safe	€12.60
Jameson Gold Reserve	€15.00
Jameson 18 Yr	€22.00
Method & Madness Single Grain	€9.00
Method & Madness Single Pot Still	€12.50
Method & Madness Single Malt	€14.00
Midleton Very Rare	€24.50
Midleton Barry Crockett	€30.50
Paddy	€4.70
Paddy Centenary	€11.00
Powers	€4.70
Powers Gold Label 12 Yr	€7.50
Powers Signature Release	€9.00
Powers Johns Lane 12 Yr	€9.50
Redbreast 12 Yr	€10.50
Redbreast 15 Yr	€16.00
Redbreast 21 Yr	€28.00
Tullamore Dew	€5.10
Green Spot	€9.00
Yellow Spot	€12.50

Bourbon

Bulleit Bourbon	€7.50
Bulleit Rye	€8.50
Jack Daniels	€5.70
Jim Beam	€5.70
Maker's Mark	€6.50

Wild Turkey	€6.20
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Canadian

Canadian Club	€5.70
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Scotch

Teacher's Highland Cream	€5.30
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Johnnie Walker Gold	€15.0
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Johnnie Walker Black 12 Yr	€7.20
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Johnnie Walker Red	€5.30
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Famous Grouse	€5.00
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Glenlivet 12 Yr	€7.30
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Black & White	€5.00
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Haig Gold Label	€5.00
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Chivas Regal 12	€7.20
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Laphroaig	€10.50
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Glenfiddich 12 Yr	€9.00
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LIQUEURS & DIGESTIFS

Disaronno	€5.40
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Baileys	€5.20
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Benedictine DOM	€7.00
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Galliano	€7.00
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Sambuca	€5.20
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Micky Finns Apple	€5.20
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Irish Mist	€5.70
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Tia Maria	€5.20
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Jagermeister	€5.20
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Wild Turkey	€6.20
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Kahlua	€5.20
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Drambuie	€7.00
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Frangelico	€5.40
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Peach Schnapps	€5.00
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Southern Comfort	€5.70
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Chambord	€7.00
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Cointreau	€7.00
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Grand Marnier	€7.00
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Crème De Menthe	€7.00
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Luxardo Maraschino	€5.00
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Apricot Brandy	€5.50
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DRAUGHT BEER

	½ Pint	Pint
Budweiser	€3.20	€5.00
Carlsberg	€3.20	€5.00
Guinness	€3.20	€4.80
Hop House 13	€3.20	€5.00
Smithwicks Blonde	€3.20	€5.00
Smithwicks Red Ale	€3.20	€5.00
Killarney Lager	€3.20	€5.70
Rockshore	€3.20	€4.80

CRAFT SELECTION

O'Hara's Double IPA 7.5%abv, Carlow	€7.00
Galway Hooker IPA 4.3%abv, Galway	€7.00
9 White Deer Stag Soar Gluten Free Lager 4.2%abv, Cork	€7.00
Killarney IPA 6%abv, Kerry	€7.00
Blacks of Kinsale Black IPA 5%abv, Cork	€7.00
Stonewell Medium Cider 5.5%abv, Cork	€7.00
Stonewell Low Alcohol Cider 1.5%abv, Cork	€7.00
Cronins Quality Cider Austri	€7.00
Stigel Weisse 5.1abv, Salzburg, Austria	€7.00

BOTTLED SELECTION

Coors Light	€5.00
Miller	€5.00
Heineken	€5.00
Budweiser	€5.00
Corona Extra	€5.00
Bulmers Cider LN	€5.00
Bulmers Light Cider LN	€5.00
Bulmers Cider Pt Btl	€5.70
Beck's Non-Alc	€4.90
West Coast Cooler Original	€5.20
West Coast Cooler Rosé	€5.20
Smirnoff Ice	€5.80
WKD Blue	€5.80
Ritz	€5.00
Bacardi Breezer	€5.80